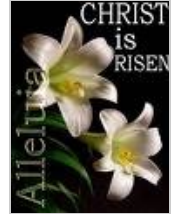


St. Anne's Episcopal Church
Striving to Grow in Christ's Love and Share it With Others

APRIL 2011

Easter Day Celebrations

**“Alleluia Christ is Risen,
 The Lord is Risen Indeed Alleluia!”**



We are a welcoming and diverse family united in Christ.

Calendar of Events

April 2011

- 12 - 7:00 p.m. - Unfinished Business
- 17 - Palm Sunday
- 19 - 7:00 p.m. - Metro Chapter of OSL at St. Anne's
- 24 - Easter Sunday - 8:00 & 10:30
 2:00 p.m. - Millpond
 4:00 p.m. - Homeless Meal

Easter Week Schedule

- 17 - Palm Sunday**
 8:00 & 10:30 a.m. - Holy Eucharist
- 18 - Monday - Stations of the Cross** at 5:30 p.m.
- 19 - Tuesday - Stations of the Cross** at 5:30 p.m.
- 20 - Wednesday - Soup Supper** at 6:00 p.m.
Stations of the Cross at 6:30 p.m.
Video/Small Group at 7:00 p.m.
- 21 - Maundy Thursday**
 6:00 p.m. - Agape Meal
 7:00 p.m. - Service
 9:00 p.m. - Prayer Vigil starts
- 22 - Good Friday**
 Tenebrae Service at 7:00 p.m.
- 24 - Easter Sunday**
 8:00 & 10:30 a.m. Holy Eucharist
 9:00 a.m. - Easter Brunch
 11:30 a.m. - Easter Egg Gathering

At the early worship service we will celebrate the kindling of the **Easter Fire**. We renew our Baptismal Vows as we share in the resurrection of Jesus on Easter Day. The Easter Candle is processed with the words: **“The Light of Christ. Thanks be to God.”** Three times we echo these words of thanksgiving. The Easter Candle burns brightly to remind us that we share in Jesus' death and resurrection. Special music from the choirs and brass celebrate this day.

The celebration of the Easter Day is the primary Feast Day for all Christians. It was on this first Easter Day that Jesus rose victorious from the grave. It was celebrated on Sunday, as this was his third day rising from the grave. Sundays became the Christians Sabbath Day in celebrating this special feast. The children have an Easter egg gathering after the worship with older youth helping to hide eggs and make this **a special day for Ages 3-9 years.**

We invite you to bring family and friends to share in this special celebration with St. Anne's Family.

Holy Week Begins

“Hosanna to the Son of David”

Inside this issue:

Palm Sunday April 17

We begin Holy Week on Palm Sunday with a procession of palms beginning in the parking lot and moving into the church. We are reminded on this day that Jesus rode into Jerusalem on a donkey to fulfill the Prophet Zechariah. The people cheered him as the King and Messiah as they greeted him in the procession. Later, the events on the first three days of the week were Jesus' various teachings in the Temple and overturning the money-changers booths. These moneychangers were making money off of

the people as they exchanged their money into Temple monies. The exchange rate was whatever the market would bare. Jesus was angered and said, **“My house will be called a house of prayer, but you are making it a “den of robbers”.**

As we continue with the drama of Palm Sunday, we recount Jesus' Last Supper, his arrest, and trial before Caiaphas and Pilate, his passion or suffering, his death on the cross on Good Friday and his burial in the

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YOU'RE INVITED TO AN EDUCATIONAL SEDER

Hosted by Rabbi David Kaufman on Sunday, April 10, 3 p.m., at Temple B'nai Jeshurun, 5101 Grand Avenue

While not a complete dinner, this will be a great opportunity to learn about Jewish traditions and the stirrings of Christianity. Participate in communal fellowship, literally breaking bread—matzah—with people from all around our community.

\$20 per person. Proceeds benefit the Temple's Youth Fund and Mazon — A Jewish Response to Hunger. Please call the church office at 964-5152 or email secretary@saechurch.org to make a reservation.

Change in Office Hours

Effective March 1, 2011, Karen will be working in the St. Anne's Office on Monday, Tuesday and Thursdays from 12:30 to 5:00 p.m.

Easter Flowers in Love, Remembrance and Thanksgiving

All gifts are received in thanksgiving. These Easter lilies will beautify the church sanctuary at Easter worship and providing us with the memory of our loved ones and assuring us of the promise of our own resurrection found in our life in Jesus Christ. When you write your check, please put Easter flowers in the memo and place them in the collection plate on Sunday. Please complete a donation form on the table at the back of the sanctuary and turn it into the office.



St. Anne's Garage Sale - June 10 - 11

This year the proceeds from our garage sale this spring will go to support the rebuilding efforts of the Cathedral in Haiti. The Cathedral has been a vital part of the life of this city establishing schools, hospitals and a growing population of over 100,000 members of the Episcopal Diocese of Haiti.

If you have any sale items, please set them aside. There will be storage before the sale at Rev. Robert W. Kem's townhouse at 1611 NW Northwoods Drive in Ankeny. Call 401-7039 if you have times to donate and we will store them on this site.

JAPAN RELIEF EFFORTS

Send donations to Episcopal Relief and Development (ERD), The Episcopal Church Center, 815 Second Avenue, New York, NY 10017 earmarked "Japan Earthquake Response Fund". You may have updates on Haiti Relief and Japan Earthquake relief by contacting their website www.er-d.org to follow up on contributions contact er-d@er-d.org.

Episcopal Relief and Development will make their contributions directly to meet the needs of the people and the Episcopal Churches who are ministering directly to their needs.



Episcopal Diocese of Iowa

Summer Camp 2011
July 24-July 29

Camp Programs for those completing:
3rd-5th Grade
6th-8th Grade
9th-12th Grade

Pictured Rocks UMC Camp,
Monticello, Iowa

Cost \$325/camper*
OR \$300 if you pre-register by May 11

*Financial scholarships are available.
Registrations Close June 24, 2011

tomb. Then we begin Holy week with Stations of the Cross on Monday, Tuesday and Wednesday at 5:30 pm.

Monday, Tuesday and Wednesday - Stations of the Cross at 5:30 p.m. Each day we walk with Jesus through the fifteen different stations that review his last steps from his imprisonment with the Romans and his walk to Calvary carrying his cross.

Maundy Thursday - Agape Meal at 6:00 p.m. This is a modified Seder supper celebrated with cheese, crackers, breads, olives and sliced meats prior to our worship at 7:00 pm.

Maundy Thursday - Last Supper and Foot washing 7:00 pm. We follow Jesus' actions and his commands as we wash one another's feet and share in the Last Supper Celebration where Jesus takes the bread and wine from the Seder and makes

this a shared event of his forthcoming suffering and death as the Lamb of God who takes away the sins of the world.

At the conclusion, the altar is tripped and the items are cleared from the altar area to mark this as stark and bare as if it were Jesus' tomb. We now move into the **All Night Vigil of Prayer from 9:00 p.m. to 6:00 a.m.** All parishioners will sign-up for an hour of prayer to watch with Jesus in the Garden of Gethsemane. Three persons per hour either pray in front of the Garden at St. Anne's or in their homes at their own prayer station. A list of prayer concerns and prayers are there for us to share. We pray for our personal concerns, the church, the mission and vision of St. Anne's, the sick and other prayer concerns are remem-

bered and the scriptures about Jesus' last hours on earth are read. **Matthew Chapters 26, 27, 28**

Good Friday - Tenebrae Service at 7:00 p.m. We will conduct the Tenebrae service for the first time at St. Anne's. This is from the Latin which simply means **"darkness or shadows."** At this time, the passion is read by several different readers who will then extinguish a candle as the church sanctuary grows darker with each reading completed. The service ends in total darkness to emulate the tomb. A loud noise at the end sounds in order to simulate the closing of the tomb as the rock was rolled in front of the door. Jesus rests until the third day when he appears to his disciples and shares with them the joy of his resurrection.

Children Add to The Garden at The Last Supper April 21

This year our children will process at the last Supper with their grass plants (from Godly Play) and rocks to make the Garden of Gethsemane where Jesus prayed before being arrested by the Sanhedrin. We ask that each child pick a special rock to add to the Garden and carry in procession on this night. They will help us to add some beauty to the Garden. We will sign up for one hour of prayer to watch with Christ during his last night before his arrest.

2011 Pancake Supper/Talent Show

The 2011 Pancake Supper was held on Shrove Tuesday, March 8. As you can see from the pictures, there were many talented entries in this year's talent show.

Over \$900 was raised for St. Anne's Youth Projects.



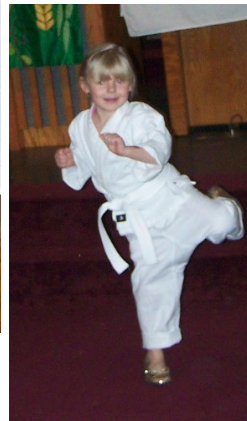
Abby North and her magic act



Sam Eichhorn



Sophia Schleicher



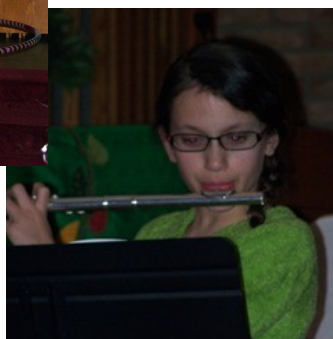
Cassedy Clifton



Leah Eichhorn



Annika Baker



Cameryn Clifton



Hula Hoop Winner - Fr. Bob

PARISH HEALTH

You are Invited

The Iowa Architectural Foundation presents the 3rd Annual Architecture Month Lecture Series : Sacred Spaces.

Admission is Free and includes lecture and guided tour.

Schedule:

Thursday, April 7 - 6:30 pm

Oreon E. Scott Chapel
Drake University - Des Moines

Saturday, April 9 - 10:00 am

Scotch Ridge Presbyterian Church
Hwy 69 & Scotch Ridge Road - Carlisle

Thursday, April 14 - 6:30 pm

Temple B'nai Jeshurun
5101 Grand Avenue - Des Moines

Tuesday, April 19 - 6:30 pm

Cathedral of St. Paul
815 High Street - Des Moines

Tuesday, April 26 - 6:30 pm

St. Francis of Assisi Catholic Church
7075 Ashworth Road - West Des Moines

For more information, visit www.iowaarchfoundation.org

Series sponsor: Des Moines Area Religious Council (DMARC)

Allergies

By: Joann Olson, R.N, Ed.D

"I am in pain and distress; may your salvation, O God, protect me." Psalm 69:29 NIV

Allergies are unusual, irritating and potentially dangerous reactions of the immune system to a normally harmless substance. These reactions occur in about one out of every three people. They will attack the respiratory tract, digestive tract, or entire body, but the type and severity of the reaction will depend on the individual's level of sensitivity to the offending substance.

There are three categories of allergic reactions. Mild reactions are localized and include a rash, watery or itchy eyes, and congestion. Moderate

reactions can spread beyond the original site of irritation and cause severe itching and difficulty breathing. The worst reaction, anaphylaxis, affects the whole body and is rare but life-threatening. Within minutes severe swelling will make breathing and swallowing difficult, and may include abdominal pain, vomiting, and mental confusion. Persons severely allergic to bees, shellfish, or peanuts should carry a dose of epinephrine to quickly reverse this reaction.

Since allergies can't be cured, it is important to determine and avoid the triggers for allergic reactions. Triggers can be environmental (wind, pollen, poison ivy, pollution), chemical (perfume, smoke, cleaning materials, latex rubber, medications), or foods (shellfish,

peanuts, wheat, milk, soy, strawberries, eggs). In addition, do not overlook items from the surroundings like animals, mold, bee stings, or dust.

Whether an allergy is diagnosed through the medical testing of a physician or the detective process of an individual, finding the source of the allergy is like solving a mystery. Be observant to symptoms and the activities leading up to them. Look for connections between a reaction and any changes in diet, environment, or product use. Also consider others and eliminate bringing potential triggers into public venues whenever possible. Through process of elimination, irritants can be discovered and reactions prevented.

(Source: HON approved <http://allergies/about.com/>)



Ministry Commissions

Clergy and Staff

- **Rector** - Fr. Bob Kem
(rector@saechurch.org)
- **Office Manager** - Karen Carter
(secretary@saechurch.org)
- **Deacon** - Rev. William Magie
(wwmagie@aol.com)
- **Deacon** - Rev. Kathy Tripses
(ktripses@msn.com)
- **Music Minister**-Kevin Purscell
(KJCDM5@yahoo.com)

Administrative Commission

- **Sr. Warden** - Doug Karlen,
(linanddoug@mchsi.com) Finance/Personnel

Buildings and Grounds

- **Jr. Warden** - Lorene Harris
(LandRHarris@mchsi.com) and Brandon North
(bdnorth@mchsi.com)

Liturgy/Worship Commission

- **Altar Guild** – Erica Lamb (lambone1@mchsi.com)
- **Chalice** - Steve Hanson (stevehanson@q.com)
and Heidi Schleicher (Heidi_schleicher@msn.com)
- **Greeters** - Dan Kem (Daniel_kem@yahoo.com)
- **Lectors** – Dick Tripses (tripses@msn.com)
- **Music** – Kevin and Julie Purscell
(KJCDM5@yahoo.com)
- **Acolytes** - Ken Finch
(KHFinch@midamerican.com) and Phil Hedges
(phrunswithdoes@yahoo.com)

New Members

- Heidi Schleicher (Heidi_schleicher@msn.com)

Christian Formation Commission

- Anne Sankey
(patriciaannesankey@mac.com) - **Youth Christian Formation**
- **Nursery Coordinator** (nursery to age 3) –
Jessica Carlson
- **Godly Play** - Joel Baker (ajjbaker@aol.com)
- **GP Extreme** (grades 3- 5) – Andi Baker
(andi.baker@mchsi.com)
- **Rite 13** (grades 6-8) – Andi Baker
- **J2A** (grades 9-12) – Phil Hedges, Fr. Bob Kem
- **Adult Formation** – Doug Karlen
- **Kerygma Bible Study** – Fr. Bob Kem
- **Order of St. Luke (OSL)** – Andi Baker, Fr. Bob Kem

Fellowship and Parish Life Commission

- Erik Gjullin (egjullin@mindspring.com)
- **Coffee Hour and Kitchen** – Joann Olson

Human Needs

- Mary Oliver (mmo492@q.com) and Audrey West (awest1305@aol.com)
- **Little Roses** - Connie Skinner

Pastoral Care Commission

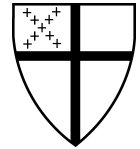
- **Pastoral Care** – Lin Karlen
- **Prayer Chain** – Lin Karlen
- **Parish Health Ministry** - Joann Olson
- **Mill Pond/New Horizons** -Deacon Kathy Tripses (ktripses@msn.com)
- **Parish Health Ministry** - Joann Olson
(jolson@dwx.com)

Finance Commission

- Tyler Schleicher
(schleichertyler@johndeere.com)
- Anne Sankey
(patriciaannesankey@mac.com)

St. Anne's Episcopal Church

2110 West 1st Street
Ankeny, IA 50023
515-964-5152



We're on the web:
www.saechurch.org

Worship Services

Sundays:

- 8:00 a.m. and 10:30 a.m. - Holy Eucharist
- 9:15 a.m. to 11:15 a.m. - Little Blessings Nursery (nursery to age 3)
- 9:15 a.m. to 10:15 a.m. - Adult Class Forum
- 9:15 a.m. to 10:30 a.m. - Godly Play 1 (4 yrs to Grade 5)
- 5:00 p.m. to 8:00 p.m. - Rite 13/J2A (Grades 6-12)

Wednesdays

9:00 a.m. - Holy Eucharist / Healing

Special Lenten Services starting March 16

- 6:00 p.m. - Soup Supper
- 6:30 p.m. - Worship/Stations of the Cross
- 7:00 to 8:15 p.m. - Video/Small Group Discussion

Thursdays:

7:00 p.m. - Contemplative Prayer Group

Church office email: secretary@saechurch.org
 Phone: 515-964-5152
 Office Hours: Monday, Tuesday, Thursday 1:00 - 5:00 p.m.

Birthdays and Anniversaries

Anniversaries

- 4/8 - Shannon Welch-Groves & Aaron Groves
- 4/12 - Mary & Erik Gjullin
- 4/18 - Tracy & Brandon Sawhill
- 4/21 - Heidi & Tyler Schleicher
- 4/29 - Brenda & Ron McCartney

Birthdays

- 4/5-Iryl Bacdayan
- 4/10-Mary Hanson
- 4/12 -Carolyn Waddell
- 4/15-Hillary Hanson
- 4/16-Aaron Groves
- 4/17-Joann Olson
- 4/22-Natalie France
- 4/24-Maya France
- 4/25-Aljon Bacdayan
- 4/27-Debbie Watson
- 4/30-Poni Lejukole
- 4/30-Valerie Sawhill

