

St. Anne's Episcopal Church

SUMMER 2010

PINE RIDGE MISSION TRIP - JULY 23 - 31

Calendar of Events

June

- 6 - Cookout at St. Anne's
- 6 - Congregational Development at St. Anne's - 1:30 to 5:30 p.m.
- 7 - Vestry Meeting
- 8 - Primary Election
- 18 - Registration Deadline for Diocesan Camp
- 19 - Pine Ridge Training at St. Anne's
- 27 - Homeless Meal
- 27 - Diocesan Summer Camp through 7/2

July

- 10 - Ankeny Summerfest Parade
- 11 - Cookout at St. Anne's
- 11 - Vestry Meeting
- 23 - Pine Ridge thru 7/31
- 23 - Ministries Retreat in Grinnell
- 25 - Homeless Meal

For complete calendar, visit www.saechurch.org/calendars.html

Special Guest Musician Cat Wilson will be providing the music for the 10:30 a.m. service on June 20th. Cat is new to the Ankeny area and teaches music in the West Des Moines School System.

What is there to do in the summer if you live on Pine Ridge Indian Reservation? Not much. There are no camps to attend, such as soccer, baseball or basketball. No band camps. No foreign language camps. No camps AT ALL. That's why VBS at the Church of the Mediator draws 140 Lakota youth, ages 2 to 15, each summer. It is free and you can expect a new backpack

for school.

Most of us never have the opportunity to go on a mission to another country giving up 2-3 years of our lives. We have responsibilities at home like children and family and friends and relatives that need our daily care. But we might one day take a week to serve Christ in a community or team of missionaries working together

for a common goal or purpose. Such is the case with our mission to Kyle, South Dakota and the Church of the Mediator.

The priest is Cordelia Red Owl. She was born in Kyle and taught school long before she was taught in her classes about being an Episcopal priest. She is now 73 years old and suffers from diabetes. She serves four missions about 25 miles apart on the Pine Ridge Indian Reservation.

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Congregational Development

The next session is this Sunday, June 6th from 1:30p.m. to 5:30 p.m. in the St. Anne's Fellowship Hall immediately following the first 2010 Summer Cookout & Potluck!

Babysitting will be provided at St. Anne's and will be available during the meeting.

Each session consists of Bible study, small group sharing, and large group discussion of a specific topic. This session the topic is "Looking at Resources."

Activities on Sunday, June 6

You won't want to miss the special Filipino Liturgy on Sunday, June 6. Fr. Vincent will be preaching.

Immediately following the 10:30 service the 1st St. Anne's Summer Cookout of 2010 will take place. Meat and beverages will be provided. Bring a side dish to share. There will be games for the kids.

At 1:30 p.m. the 4th Session of Congregational Development - Working from our Strengths will be held in the Parish Hall.

Don't miss any of the activities this Sunday.

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WAYS YOU CAN HELP SUPPORT THE PINE RIDGE MISSION TRIP

Adopt-a-Backpack: Backpacks should be geared for children between the ages of 3-12. Here are recommendations for the contents of backpacks.

School Supplies

Food

Personal Care Items for Family Packs*

Backpack	Cereal bar/Pot Tarts	Shampoo & conditioner	Aluminum Foil Saran Wrap
Three 2-pocket folders	Condiments	Combs & hairbrushes	Waxed Paper
Pkg of filler paper	Canned vegetables (corn, green beans, peas)	Toothpaste	33-gallon garbage bags
3 single subject spiral notebooks	Bottled water	Toothbrushes (adult and kids)	Plastic ware (forks, spoons, knives)
Composition notebook	Kid friendly cereal	Bars of soap or shower gel	Liquid hand soap
Pkg 3x5 index cards	Peanut Butter	Razors	Dish soap (liquid and powder)
One 12-count box of colored pencils	Jams/jellies	Shaving cream	*Tips: Talk to your local dentist for donations.
One 24-count box of crayons	Canned fruit (fruit cocktail, pineapple, pears, peaches)	Baby supplies (diapers, pull-ups, baby wipes, etc.)	Screw top bottles are best for liquid items since they're less likely to come open during transport
Twelve #2 pencils	Powder Drink Mix	Band-Aids	Family size products are preferable to travel size
Two pink erasers	Jell-o	Women's hygiene products	
Six ballpoint pens	Pasta	2-gallon Ziploc bags to hold the personal care items	
One pencil sharpener	Pasta Sauce	<u>Kitchen and Cleaning Supplies</u>	If you have questions or suggestions about the mission trip, please contact Fr. Bob Kem at 515-964-5152 or Andi Baker at andi.baker@mchsi.com or 515-251-4863 . You may also visit St. Anne's Episcopal website at www.saechurch.org .
Two glue sticks	<u>Fun Stuff</u>	Paper Towels	Cash Donations: The price of gasoline and van rentals rises every year. A cash donation will help defer travel expenses & pay for scholarships for participants. Any additional funds will be share with the Rev/ Cordelia Red Own for her discretionary fund. She is the pastor of five Episcopal mission churches on the Pine Ridge Reservation, including Church of the Mediator in Kyle; St. Michael's, Batesland; and St. Andrew's, Wakpamni Lake, which we have served. The needs of per people are very great.
Scissors	Coloring books	Toilet Paper	
	Reading books	Wet Wipes	
	Fun jewelry	Bowls	
	Small toys & games	9-oz cups	
	New socks	Napkins	
	Headbands or bows	Quart Ziploc bags	
	New underwear	Gallon Ziploc Bags	



(Continued from page 1)

The Episcopal way of worship is dying out with only a handful of older members in her congregations. But when Summer comes and vacation a bible school begins life is different around the church. Kyle comes alive when the Lakota kids come running for the vans and ready for another exciting day at VBS.

Imagine 140 Lakota children singing and worshipping with 20 teens and college students leading the worship. The mission Church of the Mediator in Kyle, South Dakota only holds about 60 people comfortably so this is a challenge. College youth and high school must work together as a team to do hand motions to the songs, bible skits, fix food, prepare crafts and provide recreation activities.

What does it take to sign on to a mission trip?

One must prepare to be with the team for 7days and 7 nights away from home. You will be

asked to sleep on the floor of the church with only a sleeping bag and only those that have gone before know enough to buy an inflatable mattress. T-shirts, swim suit, shorts and tennis shoes are the fashion dress of the day for this important ministry.

What You Need to Know About Your Kids

Lydia Kelsey, Youth Missioner and Editor of *Iowa Connections* for the Diocese of Iowa wrote an article in the June **Iowa Connections** that will interest parents, grandparents and anyone who is around kids. Take a few minutes to click on the link below and read the article on page 6.

<http://www.iowaepiscopal.org/uploads/pdf/IAPaper2010-06.pdf>



VACATION BIBLE SCHOOL

Summer time is a time to....

Get together with friends

Sing songs
Play games

Go to VBS

Have a blast!!

Come and be a part of Baobab Blast God's great Get together Vacation Bible school at Ankeny Christian Church. Join us for a week of games, awesome music, bible sto-

ries, crafts and snacks. It's guaranteed to be a BLAST!!

Date: August 1-5th

For Preschool- Grade 5

Cost \$5 per child

Meal for free-will offering at 6-6:30pm

Classes 6:30-8:15pm

Registration forms at the church

See you soon! Bring a Friend!

Diocese Summer Camp 2010

There is still room for more campers at Pictured Rocks Camp in Monticello on June 27 to July 2 for children completing the 3rd grade through the 12th grade. You can register online at www.iowaepiscopal.org

The cost is \$300 per camper. Financial scholarships are available.

PARISH HEALTH

Summer Safety

By Joann Olson, R.N. Health Minister

"For everything there is a season, a time for every activity under heaven" Ecclesiastes 3:1

After the long winter and rainy spring, everyone is anxious for summer and the activities that take us outdoors. To be sure you enjoy all that summer has to offer, remember to be observant and practice safety measures.

Don't miss out on the summer fun follow these tips when making your plans:

Camping-Be sure to plan for unexpected weather or storms, carry plenty of water if hiking, take a map/compass/GPS to prevent getting lost, wear comfortable walking shoes, wear a hat and sunscreen for sun protection, use insect repellent for mosquitoes and ticks, and wear a whistle to use in case you get lost. Make sure someone knows where you are going and when you expect to return.

Swimming or Boating- Drowning can occur in less than 2 inches of water so teach your children to swim,

wear properly fitting flotation devices, keep children out of hot tubs (they can get dangerously overheated). Use the buddy system, dive only in areas marked for diving, watch for shallow depth in lakes, and supervise all activity.

Fireworks-Explosions of any kind are dangerous so handle with care, keep sparklers outside and at arm's length (they can reach 1'800 degrees) , have a bucket of water nearby in case of fire, don't allow children to handle them before or after firing, and keep pets indoors as they get frightened and may get injured.

Bicycling-Head injuries are common so protect children with properly fitting helmets, replace ones that have hit a hard surface, wear bright clothing for visibility, tie loose pant legs to prevent tangling in the chain, teach the rules of the road, never wear headphones, and maintain the bike (inflate the tires, oil the chain, adjust the handlebars, replace worn out brakes, and adjust the seat).

Sun Exposure-Sun damage is

cumulative (children gather 50% to 80% of their lifetime exposure before 18 years of age) and sun cause wrinkles, sunburns, cataracts, damage to the immune system and skin cancer. Be extra careful with skin protection if you have very fair skin/hair, a family history of skin cancer, or take medicine that causes increased sun sensitivity.

(source:www.kidshealth.org)
Additional sources: [Http://womenshealth.about.com/library/usercontent/uc061802a.htm](http://womenshealth.about.com/library/usercontent/uc061802a.htm) – HON approved site for family summer safety. www.fda.gov/Food/ResourcesForYou/consumers/ucm109899.htm - food tips from US Food and Drug Administration.

Have a fun and safe summer!

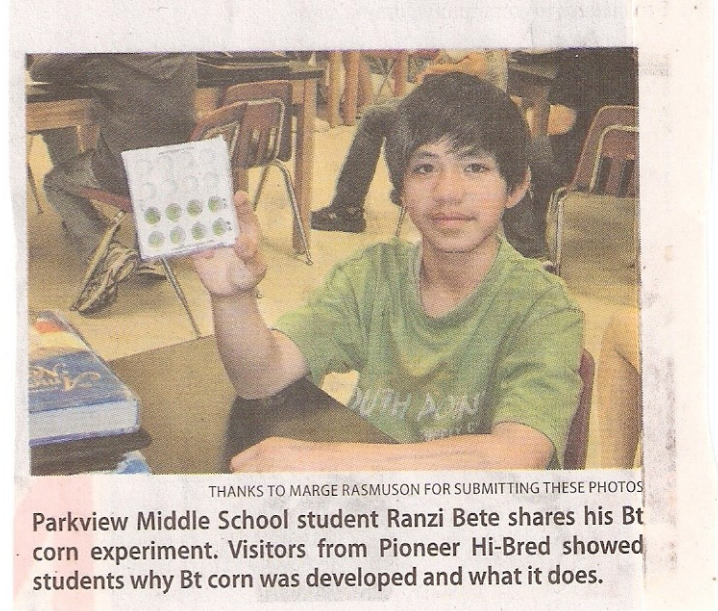


Geoff Skinner Receives His White Coat

Geoff was awarded his white coat on Thursday. Greg and Connie want to thank everyone for their advice and support.



Ranzi Bete featured in Ankeny Press Citizen



June 2010 Monthly Participant Schedule

Bread – Ronda Wissink

Ministry	June 6	June 13	June 20	June 27
	1 st Sunday	2 nd Sunday	3 rd Sunday	4 th Sunday
ACOLYTES	Komuri Lejukole, Connor & Aric Jackson, Aljon Bacdayan	Jellyn Bacdayan, Ranzi Bete, Iryl Bacdayan, Paige	Michael Purscell, Connor & Aric Jackson	Komuri Lejukole, Connor & Aric Jackson, Aljon
ALTAR	Lorene Harris / Mary Oliver	Erica Lamb / Audrey West	Joann Olson / Jessica Carlson	Virginia Powell / Deb Kem
CHALICE- 8 a.m.	Doug Karlen	Greg Skinner	Steve Hanson	Andi Baker
CHALICE – 10:30 a.m.	Heidi Schleicher		Phillip Hedges	Virginia Powell
COFFE HOSTS-	Connie & Greg Skinner	Barb & Spook Canova	Joann Olson	Audrey & Bill West
COFFEE HOSTS-10:30 a.m.	Debbie/Becky/Ann Kem	Brandon & Denise North	Erik & Mary Gjullin	Virginia Powell & Colleen Jackson
GREETERS-8 a.m.	Bob Wissink	Spook Canova	Rudy & Lorene Harris	Dan Kem
GREETERS-10:30 a.m.	Emmanuel France & Audrey West		Philip Hedges	Dick Tripses & Virginia Powell
LECTORS-8 a.m.	Connie Skinner & Doug	Bill West	Andi Baker	Ronda Wissink
LECTORS-10:30 a.m.	Emmanuel France & Phillip Hedges	Brandon North & Dan Duffell	Deb Kem & Tyler Schleicher	Anne Sankey & Sarah Eichhorn
PRAYER TEAM-8 a.m.	Lin & Doug Karlen	Andi Baker		Andi Baker
PRAYER TEAM-10:30 a.m.	Kathy Tripses	Ron & Brenda McCartney	Ron & Brenda McCartney	Andi Baker
USHERS-8 a.m.	Jim Wettestad	Spook Canova	Bill West	Dan Kem
USHERS-10:30 a.m.	Emmanuel France &	Eric & Mary Gjullin	Anne & Steve Sankey	Virginia Powell

DMARC

Grow Your Food Donations this Season! Produce season is upon us.

By. Deacon Kathy Tripses

The rich soil is just beginning to pop little green hopes that promise to bring a fruitful spring, summer, and autumn--and DMARC is ready!

As you plant your vegetable gardens this season, we hope you'll think of the DMARC Emergency Food Pantry, which distributes through ten metro sites, and plant an extra seedling or two, or designate a particular plant whose yield will come directly to the food pantry warehouse. DMARC also hopes you'll purchase an extra pound or two from your local farmer's market or sweet corn stand to

help feed those who struggle to make ends meet.

The warehouse will be accepting fresh produce food donations at our annex building located at the corner of 36th and Douglas (3605 Douglas) from 8:30-4, Monday through Thursday. We will accept any fresh fruit or vegetables, but, please try to donate far before prime ripeness and expiration. All produce will be weighed, so no need to count fresh produce items. Think outside the (mac n cheese) box this season From DMARC "E-Voice: June/July/Aug 2010

MOST NEEDED FOOD ITEMS

- 100% Juice (tomato, orange, or vegetable in a can or plastic bottle)
- Fruit (canned in water or 100% juice, not in heavy syrup.
- Canned Vegetables (with no-salt added, for example tomatoes, green beans in water for example, kidney beans, red beans, black beans, garbanzo beans
- Dry beans
- Peanut butter
- Canned meat (tuna or chicken in water)
- Whole grain dry pasta or egg noodles
- Brown rice (regular or instant)
- Vegetable soup (low-sodium)
- Whole grain crackers (wheat saltines)
- Canned spaghetti sauce
- Hot cereal, oatmeal (plain, no sugar added, instant or regular)
- Cold cereal (Whole Grain Cheerios, Wheat Chex, Wheaties, Granola, or Shredded Wheat preferred)
- Shelf stable UHT milk (in aseptic packaging, low fat preferred, no canned milk)
- Infant/baby formula
- Diapers and baby wipes
- Personal products (shampoo, soap, feminine hygiene, toothpaste, deodorant)
- Fresh whole grain bread items (generous exp. Date)
- Fresh fruits & veggies (before prime ripeness)



Ministry Commissions

Birthdays and Anniversaries

Clergy and Staff

- **Rector** - Fr. Bob Kem
(rector@saechurch.org)
- **Office Manager** - Karen Carter
(secretary@saechurch.org)
- **Deacon** - Rev. William Magie
(wwmagie@aol.com)
- **Deacon** - Rev. Kathy Tripses
(ktripses@msn.com)
- **Music Minister**-Kevin Purscell
(KJCDM5@yahoo.com)

Administrative Commission

- **Sr. Warden** - Doug Karlen,
(linanddoug@mchsi.com) Finance/Personnel

Buildings and Grounds

- **Jr. Warden** - Lorene Harris
(LandRHarris@mchsi.com) and Brandon North
(bdnorth@mchsi.com)

Liturgy/Worship Commission

- **Altar Guild** – Erica Lamb (lambone1@mchsi.com)
- **Chalice** - Steve Hanson (stevehanson@q.com)
and Heidi Schleicher (Heidi_schleicher@msn.com)
- **Greeters** - Dan Kem (Daniel_kem@yahoo.com)
- **Lectors** – Dick Tripses (tripses@msn.com)
- **Music** – Kevin and Julie Purscell
(KJCDM5@yahoo.com)
- **Acolytes** - Ken Finch
(KHFinch@midamerican.com) and Phil Hedges
(phrunswithdoes@yahoo.com)

New Members

- Heidi Schleicher (Heidi_schleicher@msn.com)

Christian Formation Commission

- Anne Sankey (patriciaannesankey@mac.com) -
Youth Christian Formation

- **Nursery Coordinator** (nursery to age 3) –
Jessica Carlson
- **Godly Play** - Joel Baker (ajjbaker@aol.com)
- **GP Extreme** (grades 3- 5) – Andi Baker
(andi.baker@mchsi.com)
- **Rite 13** (grades 6-8) – Andi Baker
- **J2A** (grades 9-12) – Phil Hedges, Fr. Bob Kem
- **Adult Formation** – Doug Karlen
- **Kerygma Bible Study** – Fr. Bob Kem
- **Order of St. Luke (OSL)** – Andi Baker, Fr. Bob
Kem

Fellowship and Parish Life Commission

- Erik Gjullin (egjullin@mindspring.com)
- **Coffee Hour and Kitchen** – Joann Olson

Human Needs

- Mary Oliver (mmo492@q.com) and Audrey
West (awest1305@aol.com)
- **Little Roses** - Connie Skinner

Pastoral Care Commission

- **Pastoral Care** – Lin Karlen
- **Prayer Chain** – Lin Karlen
- **Parish Health Ministry** - Joann Olson
- **Mill Pond/New Horizons** -Deacon Kathy Trip-
ses (ktripses@msn.com)
- **Parish Health Ministry** - Joann Olson
(jolson@dwx.com)

Finance Commission

- Tyler Schleicher
(schleichertyler@johndeere.com)
- Anne Sankey
(patriciaannesankey@mac.com)

June Anniversaries

6/9 - Doug & Lin Karlen
6/15 - Dan & Ann Kem
6/17 - Bob & Ronda Wissink
6/20 - Dick & Kathy Tripses
6/20 - Anja & Joel Armitage
6/27 - Bill & Donna Hendrick
6/27 - Andrew & Kimberly Kem

June Birthdays

6/2 - Henry Lejukole
6/6 = Mary Oliver
6/7 - Jellyn Bacdayan
6/7 - Rudy Harris
6/7 - Anne Sankey
6/9 - Isabelle Bete
6/9 - Kimberly Kem
6/12 - Fr. Bob Kem
6/12 - Miles Kem
6/13 - Phil Hedges
6/14 - Sam Eichhorn
6/20 - Andrew Kem
6/20 - Greg Wittick
6/25 - Brandon Sawhill
6/26 - Paige Carlson
6/29 - Melissa Canova
6/30 - Alexis Hergenreter
6/30 - C.J Sutton

July Anniversaries

3-Shane & Heather Morris
30-Cary & Lara Justmann

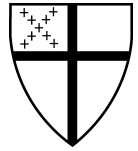
July Birthdays

4-Bill Hendrick
7-John Kem
14-Bill West
17-Julia Bacdayan
17-Dan Purscell
19-Arvid Oliver
27-Jennifer Hedges
29-Christopher Finch



St. Anne's Episcopal Church

2110 West 1st Street
Ankeny, IA 50023
515-964-5152



We're on the web:
www.saechurch.org

Worship Services

Sundays:

8:00 a.m. and 10:30 a.m. - Holy Eucharist

9:15 a.m. to 11:15 a.m. - Little Blessings Nursery (nursery to age 3)

9:15 a.m. to 10:15 a.m. - Adult Class Forum

9:15 a.m. to 10:30 a.m. - Godly Play 1 (4 yrs to Grade 2)

9:15 a.m. to 10:30 a.m. - Godly Play Extreme (Grades 3, 4, 5)

5:00 p.m. to 8:00 p.m. - Rite 13/J2A (Grades 6-12)

Wednesdays

7:30 a.m. - Holy Eucharist / Healing

Thursdays:

7:00 p.m. - Contemplative Prayer Group

Church office email: secretary@saechurch.org

Phone: 515-964-5152

Office Hours: Monday through Thursday 1:00 - 5:00 p.m.

All times by appointment.