

St. Anne's Episcopal Church

NOVEMBER 2010

Consecration Sunday Theme for 2010" Faithful in Little..Faithful in Much"

Calendar of Events

For complete calendar, visit www.saechurch.org

October

- 29-30 - Diocesan Convention
- 31 - Bishop Scarfe at St. Anne's
- 31 - Homeless Meal

November

- 1 - Stepping Stone #4 - 2nd Session
- 8 - Consecration Sunday Team Dinner at Chip's
- 13-Men's Fellowship at 8:00 a.m.
- 13 - Youth Movie Night
- 14 - Consecration Sunday with Donna Scarfe - Catered Luncheon
- 15 - Stepping Stone #4 - 3rd Session
- 29 - Stepping Stone #4 - 4th Session

December

- 4 - Men's Fellowship at 8:00 a.m.
- 11 & 18 - Christmas Boutique
- 12- Living Nativity
- 19-Lessons in Carols
- 24 - Christmas Eve Services
- 31 - Healing Service



Luke 16:10-13 Those who are "faithful in little will be faithful in much. You cannot serve God and mammon." It stands to reason that Jesus talks to his disciples in this passage about the responsibility of being stewards or caretakers of God's Kingdom including the money that we earn. God begins trusting each

one of us with a little money until we have proven that we can handle more. Only then is the kingdom in our care increased.

I think about when I was growing up, in the days when parents used to give us a weekly allowance. Some of the money was spent, some was saved and some went for an offering at church. If I was really out of line in my spending, my parents would question it. The next time the question of increasing my allowance would come up, my previous spending was always debated. If I proved re-

sponsible, I was given more, if not, a wait and see position was taken.

I believe that God looks upon us as responsible stewards in the same way. If we prove our trustworthy best in handling our money, God will entrust us with even more money.

As we approach our stewardship and our giving to God, may we take an honest look at how much we really trust God to pro-

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ST. ANNE'S OPEN DOORS TO MEMBERSHIP - Bishop Alan Scarfe Visits

On Sunday October 31 the Right Rev. Alan Scarfe Bishop of Iowa will come for his visitation to St. Anne's at the 8 and 10:30 am worship. We look forward to the Bishop's visit. There are four doors open to membership at St. Anne's:

Holy Baptism: This is the first door available for infants as well as adults. If you have never been baptized in the Christian Church in the name of the Trinity and with water, we invite you to take instruction for the candi-

dates and parents, god-parents and sponsors. Contact Fr. Bob

Confirmation: The second door available to all persons in grades 9-12 and adults. This takes place when an adult stands before the Bishop and congregation to profess Jesus Christ as Lord and Savior and promises with the congregation to follow and obey him daily. An adult may have had his parents say this for him at baptism as an infant but now is the time for each person to choose for themselves

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St. Anne's Youth Are WINNERS!

For the past several weeks, St. Anne's youth have spent their Sunday evenings designing a structure to enter into the "Boxed-In" Contest at Reggie's Sleep-out. After breaking into small groups to generate ideas, then selecting the final idea via a secret "rock" ballot, the youth decided that Noah's Ark would be a great design. They got to work, deciding what it would look like and how to make it structurally sound so they would be able to sleep in it. We also talked about the story of Noah and how it might apply to the situation of the homeless youth. The youth determined that when the floods came, all of the

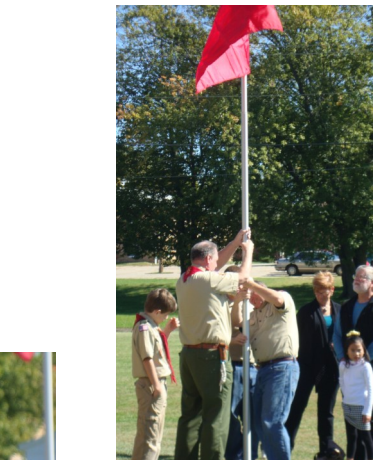
creatures of the earth, and Noah and his family were going to be homeless. The ark would provide them a safe shelter. When the land dried, the people and creatures were sent out to start life anew.

St. Anne's youth slept under the stars in their ark to help raise awareness and donations for homeless youth, so that those young people might also have the opportunity to reach for the stars, beginning their lives anew in a place of safety and security.

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vide for our needs. This relationship of trust comes even during the tough times, when we are threatened with cutbacks, or losing a job, or medical expenses going up. God has promised to be faithful on His part in providing for us. The real question for us is do we trust God so that if we are to give more for His Kingdom we may do so with the joy of knowing that we are always in his love and care? Think about the blessings that God has given to you and then decide what portion of your income you can commit for the spread of God's Kingdom. Blessings on you and your family during this stewardship opportunity in 2010, as we approach CS Sunday on November 14 and as we decide on our estimate of giving to God.



Flag Raising

On Sunday, October 3, the flags raised in 2009 were retired and new flags were raised.

The following countries are now represented:

- United States
- Ghana
- Sudan
- Philippines
- Puerto Rico
- China
- Japan
- Mexico

An Episcopal Flag was also raised.

City of Ankeny Mayor Steve Van Oort was present and

An International Potluck was held after the ceremony.

Five Families Welcomed to St. Anne's

On Sunday October 17, we welcomed five new families who have chosen to be received as members of St. Anne's. Please join us as we pledge to support them on their spiritual journey, joining them in prayer and worship, and encouraging their continued participation in St. Anne's family. Those being welcomed were Rory and Shelley Wadle, Mike McGregor, and Ron Prah at 8 a.m. and Erik, Carmen, Kelsey and Candace Hayes at 10:30



Men's Fellowship to meet on November 13 and December 4

On Saturday October 2 at 8:00 a.m. there were 12 men who met to determine what format the men of St. Anne's would use in their monthly meetings. It was a great morning with a wonderful breakfast including a sausage potato casserole, eggs, fruit, juice and coffee. Each person introduced their table partner sharing some history about one another.

The following men were present: Jack Elliott, Ty-

ler Schleicher, Fr. Bob Kem, Ron Prah, Mike McGregor, Ron McCartney, Dick Tripses, Jim Walsh, Fr. Vincent Bete, Kevin Purscell, Ken Finch, Emmanuel France, Dan Kem Convener. All men are welcome and encouraged to attend. We are meeting on Saturdays November 13 and December 4 from 8:00-9:30 am in St. Anne's parish hall.

St. Francis of Assisi Pet Blessing

On October 10, the annual St. Francis of Assisi Pet Blessing was held on the lawn of St. Anne's.

Several people from the community were on hand to share information with the participants:

- Pet owners were able to make "paw prints" of their pets. Creative Treasures will fire the tiles with pet's name on them.
- The Animal Rescue League of Iowa brought an "adoptable pet", a yellow Labrador retriever
- Jacquie and Leanne from the recently opened Ankeny Dog Park attended and the donations were accepted for Sloppy Joes for the Dog Park
- Dr, Sue Shivers of Creature Comforts Veterinary Hospital shared information on nutrition and pet safety
- Patty Petersen-Keys from the Des Moines Obedience Training Club gave very good information about training your dog(s) and how they should act in public
- Shelly from CLIX Photography in Ankeny took "glamour shots" of the pets



PARISH HEALTH

Seasonal Flu

By Joann Olson, R.N. Faith Community Nurse



Medicare Part D Checkup

Senior Health Insurance Program (SHIP) counselors will be available on Monday, December 13 at the Kirkendall Public Library in Ankeny. Appointments are required. Call 1-800-351-4664 to make your appointment.

Flu season is just around the corner. The typical flu season for the United States occurs November through May, with the peak incidence occurring in January and February. While there has not been the media blitz and public concern this year, as compared to last year, the threat of illness and potential complications is just as real.

The vaccine for the 2010-2011 season has been combined into one immunization, so only one injection is required. The nasal mist is also available for persons in certain categories. Your health care provider can help you decide which produce is right for you based on your history and age.

What are the symptoms of the seasonal flu?

- Typically, the symptoms come on quickly, as compared to the common cold in which symptoms come on over several days.

Symptoms include:

- Fever, although not everyone has a fever
- Cough
- Sore throat
- Runny Nose

- Muscle or body aches
- Tired
- Diarrhea or vomiting is more common in children than adults

Who is at increased risk for developing complications related to the seasonal flu?

- Children younger than five, especially children younger than 2 years old
- Adults over 65 years of age and older
- Pregnant women

Last flu season, American Indians and Alaskan Natives seemed to be at higher risk of flu complications.

Also at increased risk are people with:

- Asthma
- Neurologic and neurodevelopmental conditions
- Chronic lung conditions
- Heart disease
- Blood disorders
- Endocrine disorders (diabetes)
- Kidney, liver and metabolic disorders
- Weakened immune system as those with HIV/AIDS, cancer or on steroid therapy

- Under 19 years of age who are receiving long-term aspirin therapy
- Persons with Morbid obesity (BMI 40 or greater)

How can you avoid the flu and potential complications associated with this illness?

- Get your flu immunization. This is a good time to get the immunization to allow it to reach its maximum effectiveness before the peak season begins.
- Practice good health habits
- Wash your hands frequently
- Get plenty of sleep
- Be physically active
- Manage your stress
- Drink plenty of fluids
- Eat nutritious meals
- Avoid persons who are ill
- Stay home if you are ill
- Cover your nose and mouth when coughing or sneezing

For additional information go the CDC web site.

Source: CDC.gov

Ministry Commissions

Clergy and Staff

- **Rector** - Fr. Bob Kem
(rector@saechurch.org)
- **Office Manager** - Karen Carter
(secretary@saechurch.org)
- **Deacon** - Rev. William Magie
(wwmagie@aol.com)
- **Deacon** - Rev. Kathy Tripses
(ktripses@msn.com)
- **Music Minister**-Kevin Purscell
(KJCDM5@yahoo.com)
- **Parish Health Ministry** - Joann Olson
(jolson@dwx.com)

Administrative Commission

- **Sr. Warden** - Doug Karlen,
(linanddoug@mchsi.com) Finance/
Personnel

Buildings and Grounds

- **Jr. Warden** - Lorene Harris
(LandRHarris@mchsi.com) and Bran-
don North (bdnorth@mchsi.com)

Liturgy/Worship Commission

- **Altar Guild** – Erica Lamb
(lambone1@msn.com)
- **Chalice** - Steve Hanson
(stevehanson@q.com) and Heidi
Schleicher
(Heidi_schleicher@msn.com)
- **Greeters** - Dan Kem
(Daniel_kem@yahoo.com)
- **Lectors** – Dick Tripses
(tripses@msn.com)
- **Music** – Kevin and Julie Purscell
(KJCDM5@yahoo.com)

- **Acolytes** - Ken Finch (KHFinch@mid-
american.com) and Phil Hedges
(phrunswithdoes@yahoo.com)

New Members

- Heidi Schleicher
(Heidi_schleicher@msn.com)

Christian Formation Commission

- **Nursery Coordinator** (nursery to age 3)
– Jessica Carlson, Heidi Schleicher
- **Godly Play** - Sarah Eichhorn, Mary
Gjullin, Susan Clifton
- **GP Extreme** (grades 3- 5) – Joel Baker,
Komuri Lejukole
- **Rite 13** (grades 6-8) – Andi Baker
- **J2A** (grades 9-12) – Andi Baker, Phil
Hedges, Fr. Bob Kem
- **Adult Formation** – Julie & Kevin Purscell
- **Kerygma Bible Study** – Fr. Bob Kem
- **Order of St. Luke (OSL)** – Andi Baker, Fr.
Bob Kem

Fellowship and Parish Life Commission

- **Coffee Hour and Kitchen** – Joann Ol-
son (jolson@dwx.com)

Neighborhood Community Relations

- Mary Oliver (mmo492@q.com) and
Audrey West (awest1305@aol.com)
- **Little Roses** - Connie Skinner
(csndrbck@yahoo.com)

Pastoral Care Commission

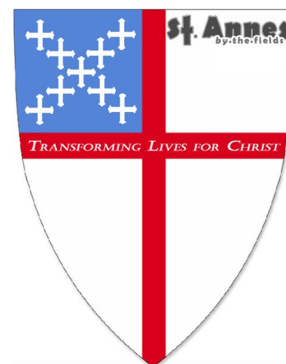
- **Pastoral Care** – Lin Karlen
(linanddoug@mchsi.com)
- **Prayer Chain** – Lin Karlen
(linanddoug@mchsi.com)
- **Mill Pond/New Horizons** -Deacon
Kathy Tripses (ktripses@msn.com)

Finance Commission

- Tyler Schleicher, Dan
Kem, Erik Gjullin

Mission/Outreach Commis- sion (Africa & the Philip- pines - Exploring Missions Overseas)

- Henry Lejukole, Isabelle
Bete



MDG GOALS – Will they be accomplished by 2015?

By: Deacon Kathy Tripses

This week, world leaders gathered in New York City for an international summit on the Millennium Development Goals (MDGs). These eight poverty-fighting goals which were agreed to by more than 180 nations would, if achieved by their 2015 deadline, cut deadly global poverty, disease and hunger in half and provide economic opportunity for millions in the world's poorest countries.

1. What are these goals?
Eradicate Extreme Hunger and Poverty by cutting in half the proportion of people living on less than \$1.00 a day
2. **Achieve Universal Primary Education**
3. **Promote Gender Equality and Empower Women**
4. **Reduce Child Mortality by 2/3rds for children under 5 years**

5. **Improve Maternal Health**
6. **Combat HIV/AIDS, Malaria and other Diseases**
7. **Ensure Environmental Sustainability**
8. **Develop a Global Partnership for Development**

How is the world doing with just five years left until the completion point?

The Episcopal Public Policy Network (eppn@episcopalchurch.org) states that, "it is clear that real and transformative progress has been made in some goal areas and in some nations and regions of the world, it is also clear that in other areas, the world lags far behind. Some of these shortfalls were aggravated by the global food and economic and financial crises."

How is the United States doing? President Obama's announcement earlier this summer of America's first-ever

national strategy for meeting the MDG's was an important step in the right direction. The President's new policy, among other things, establishes an inter-agency policy committee to ensure coordination and cohesion in America's foreign-aid programs.

The Episcopal Church USA, the Iowa Diocese, and St. Anne's Episcopal Church, Ankeny, Iowa all have MDG projects in their budgets. In our proposed 2011 diocesan budget, the MDG line was one of the few items not cut! At St. Anne's in 2009 we contributed nearly 7 tenths of one percent of the amount of our operating budget to Walilo Church in the Sudan. This year we plan to contribute to St. Aiden's Church in the Philippines, whose actual church building was swept away by the typhoon last year. These funds are being raised entirely by extra gifts and events that produce income beyond what is needed for operating expenses



Sabbatical Review in Pictures

Each month I would like to share with St. Anne's end to you three or four pictures and some history from my trip to Turkey and Greece. This way no one has to sit through 45 minutes of pictures but we will learn a little history each month.



Inside, the high ceiling is lined with the 20,000 blue tiles that give the mosque its popular name. Fine examples of 16th-century Iznik design, the Iznik tiles feature flowers, trees and abstract patterns. The overall effect is one of the most beautiful sights in Istanbul. The Iznik tiles can be seen in the galleries and on the north wall above the main entrance. The remaining tiles, which have a less delicate design, were made in Kutahya.

Baptism of Connor Robert Johnson

On Sunday, October 17 at the 10:30 a.m. worship service, Connor Robert Johnson was baptized into God's one holy Catholic and Apostolic church. Connor is the son of Tim and Kier Johnson and brother of Alexis. Congratulations to Connor as the newest member of the St. Anne's family.

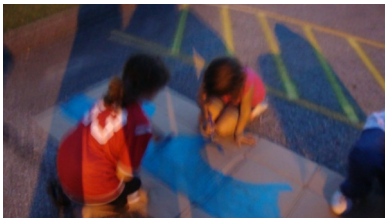


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This was an exciting event for the youth who slept out at Drake Stadium on October 16. Their first task was to assemble their box structure, and make necessary adjustments to increase stability and appearance. First, the boat, then the "hut" on top, complete with portholes, then add water and wait... something was missing. We needed animals. The youth went to town drawing lions and tigers, giraffes and bears. They also added important information educating people about homelessness among Iowa youth and young adults. Once this was completed, about three hours later, the youth enjoyed a dinner of macaroni and cheese. Hot drinks and snacks were provided free of charge all night and a free late night pizza snack was a warm welcome. Drake stadium was a buzz with activity throughout the evening. It was fun to wander around and see the creativity of hundreds of people through their box houses. There was music from live bands,

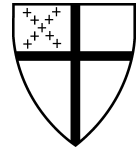
and DJ's. A "just for fun" dance contest with Pat McManus and Rock in Prevention was won by our own Katie Rech. Poni Lejukole rocked the gym with her solo, a cappella rendition of "Lean on Me" taking First place in the talent show contest and finally, St. Anne's brought home a first place trophy for the "Best Overall Design" in the boxed in contest.

The real winners, though, are all those served by the organizations benefitting from this event. Our youth said it best when asked how they felt the next morning, "cold, tired, and hungry". This brought home to them a small glimpse of what it means to be homeless.



St. Anne's Episcopal Church

2110 West 1st Street
Ankeny, IA 50023
515-964-5152



We're on the web:
www.saechurch.org

Worship Services

Sundays:

- 8:00 a.m. and 10:30 a.m. - Holy Eucharist
- 9:15 a.m. to 11:15 a.m. - Little Blessings Nursery (nursery to age 3)
- 9:15 a.m. to 10:15 a.m. - Adult Class Forum
- 9:15 a.m. to 10:30 a.m. - Godly Play 1 (4 yrs to Grade 2)
- 9:15 a.m. to 10:30 a.m. - Godly Play Extreme (Grades 3, 4, 5)
- 5:00 p.m. to 8:00 p.m. - Rite 13/J2A (Grades 6-12)

Wednesdays

7:30 a.m. - Holy Eucharist / Healing

Thursdays:

7:00 p.m. - Contemplative Prayer Group

Church office email: secretary@saechurch.org

Phone: 515-964-5152

Office Hours: Monday through Thursday 1:00 - 5:00 p.m.
All times by appointment.

Birthdays and Anniversaries

October Birthdays:

- 10/5 - Jessica Carlson
- 10/6 - John Morris
- 10/7 - Braylon Welch-Groves
- 10/11 - Shelly Waller
- 10/12 - Cary Justmann
- 10/14 - Jinaro Fey-Awan
- 10/16 - Virginia Powell
- 10/20 - Jared Baker
- 10/22 - Jillian Sawhill
- 10/27 - Kevin Purscell
- 10/30 - Josephine Elliott
- 10/31 - Spook Canova

October Anniversaries:

- 10/10 - Jay & Carrie Moore
- 10/22 - Kevin & Julie Purscell

November Birthdays:

- 11/1 - Erik Gjullin
- 11/4 - Ronda Wissink
- 11/10 - Ryne Bete
- 11/11 - Emmanuel France
- 11/11 - Connor Jackson
- 11/16 - Dan Kem
- 11/19 - Abby North
- 11/21 - Sophia Schleicher
- 11/29 - Jenny Walsh
- 11/30 - Andrew Wittick

No November Anniversaries